

Wellness Policy Evaluation Checklist
Indiana Department of Education

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| Sponsor Name: | Saint Casimir School | County & Corp Number: | Lake, K339 |
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| Statement of Requirement | Meets Requirements | In Development | Needs Improvement |
|--|--------------------|----------------|-------------------|
| 1. Wellness Committee: Has formed a Committee to develop a school wellness policy that includes parents, students, food service personnel, PE teachers, school health professionals, school board members, school administrators and the general public | X | | |
| 2. USDA Requirements for School Meals: Has assured School Meals meet the USDA requirements | X | | |
| 3. Nutritional Guidelines for all foods and beverages sold: Has set Nutritional Guidelines for foods and beverages sold on the school campus during the school day | X | | |
| 4. NEW! Nutritional Guidelines for non-sold foods and beverages: Has set Nutritional Guidelines for foods and beverages not sold but made available on the school campus during the school day | X | | |
| 5. NEW! Food & Beverage Marketing: Permits marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks) | X | | |
| 6. Nutrition Education: Has at least 2 goals for Nutrition Education (For example: Team Nutrition materials) | X | | |
| 7. Nutrition Promotion: Has at least 2 goals for Nutrition Promotion (For example: Smarter Lunchroom techniques) | X | | |
| 8. Physical Activity: Has at least 2 goals for Physical Activity | X | | |
| 9. Other Activities: Has at least 2 goals for Other School-Based Activities that promote student wellness | X | | |
| 10. Evaluation: (NEW!) Every three years has evaluated the local wellness policy with an Evaluation Tool and has notified the public of the results Name of Evaluation Tool Used: _____ | | X | |
| 11. Person Responsible: Has identified at least one person as responsible for Monitoring the local wellness policy Name/Title of Person: _____ | X | | |
| 12. Communication: Has annually informed and updated parents, students, staff, and the community about the content and implementation of the local wellness policy | X | | |

USDA requires a minimum of 2 goals for nutrition education, promotion, physical activity, and other activities, but it is up to each LEA to determine the content of the goals.

Evaluated on: _____